

L i F E

LUXURY SALON SANDHURST

CONTENT

Loyalty Programme	03
Group / Corporate Offerings	03
Spa Memberships	03
Spa Packages	04
Skincare & Facials	05
Aesthetic Treatments	07
Massage	08
Body Treatments	10
Tanning Solutions	11
Waxing, Threading & Tinting	12
Hands & Feet	13
Permanent Make-Up	16
Micro-Blading	17
Day/Evening & Bridal Make-Up	17
Dining	17
You Need To Know	18
Cancellation Policies	18
We Need To Know	19
Contact	20

LOYALTY PROGRAMME

We proudly present “Loyalty at Life Lux”, a reward programme that has been created specifically for our loyal clients. Through this programme we would like to build a long-term relationship with you, rewarding you for your loyalty. The programme entitles you to receive up to 5% cash back of your total treatment spend after every purchase, which will be loaded onto your profile.

Ask our guest relations team how you can join.

GROUP/ CORPORATE OFFERINGS

At Life Luxury Salon, we offer tailored group packages personally designed according to your every need. Events include:

- Corporate Functions
- Team Building
- Launches
- Staff Incentives
- Bachelorette Parties
- Baby Showers

SPA MEMBERSHIP

We offer memberships to our valued clients who prefer more regular visits. Benefits include:

- 24 months to use credit
- Up to 15% off all treatments
- Treat your friends and family to spa treatments on your account
- Buy vouchers on your account
- Use your account to reward employees with a treatment

CHOOSE FROM THE FOLLOWING MEMBERSHIPS:

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|--|--|
| • Platinum R30 000
- R4 500 free additional value in treatments | • Gold R20 000
- R2 500 free additional value in treatments |
| • Silver R15 000
- R1 500 free additional value in treatments | • Bronze R10 000
- R1 000 free additional value in treatments |
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SPA PACKAGES

Choose from one of the following packages. Alternatively we can customise packages around your needs. Include lunch from the additional price of R150 per person.

Express Yourself | R870

- 1.5 hours

- Express Manicure
- Express Pedicure
- 30 min Back, Neck and Shoulder Massage

Hot Stone Heaven | R2 100

- 4 hours

- Full Body Exfoliation
- Hot Stone Massage
- Indulgent Manicure
- Indulgent Pedicure

Top to toe | R2 110

- 4 hours

- Full Body Swedish Massage
- Classic Facial
- Indulgent Manicure
- Indulgent Pedicure

Mommy-to-be | R2 300

- 4 hours

- Body Exfoliation
- Indulgent Pedicure
- Full Body Pregnancy Massage
- Classic Facial

TogetherNESS Journey for 2 | R4 400

- 3.5 hours

- Full Body Exfoliation
- Indulgent Massage
- Indulgent Pedicure
- Nimue Therapeutic Facial

Designed for you and your partner to share intimate space and time

Life Lux Journey | R 3 640

- 5.5 hours

- Full Body Exfoliation Candle Massage
- La Prairie Cellular Facial
- Coco Champagne Manicure
- Coco Champagne Pedicure

SKINCARE & FACIALS

CLASSIC FACIALS

A deep cleanse followed by gentle exfoliation. A relaxing face, neck and shoulder massage releases and eases tension, whilst a rejuvenating mask and nutritional boosters or serums restore your skin condition.

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- Nimue Therapeutic Facial | **R620** - 60 min
 - Babor Classic Facial | **R730** - 60 min
 - Optiphi Hydrate and Repair Facial | **R750** - 75 min
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RADIANCE BOOSTER FACIALS

Tailored to treat individual concerns such as congestion, lack of radiance, sensitivity, premature ageing and loss of elasticity, by balancing the skin with nutrifying boosters, serums and ampoules.

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- Optiphi Firming Facial | **R730** - 90 min
 - Nimue Rejuvenating Facial | **R750** - 60 min
 - La Prairie Cellular Facial | **R1 560** - 60 min
 - Optiphi Radiance Facial | **R930** - 90 min
 - Babor Signature Facial | **R1 340** - 90 min
 - La Prairie Caviar Firming Facial | **R1 530** - 90 min
 - La Prairie Pure Gold Radiance Facial | **R1 560** - 90 min
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*ADD ON: EYE FOCUS TREATMENT

Incorporate this cooling protein eye pack for tired, stressed eyes and eliminate puffiness, dark circles and wrinkles to instantly soothe and rejuvenate the eye area.

R140

SKIN REJUVENATING TREATMENTS AND PEELS

SKIN REJUVENATION PEEL

A rejuvenating peel with a difference! Experience true skin rejuvenation results without the side effects generally associated with peeling. The skin rejuvenation peel is the first peeling system to offer a solution to all skin conditions by combining the regenerative capabilities of Glycolic Acid and intensely hydrating active ingredients. **No down time** and can be used on even the most sensitive skin. Unlike other peels, this will stimulate skin growth and makes your skin appear fuller and healthier. This is a results driven peel and most effective when done in a series of 6 treatments.

-
- SRC Nimue | **R800** - 60 min
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OPTIPHI PEEL

This treatment offers progressive resurfacing of the skin, removing damaged layers and stimulating new growth.

-
- Optiphi | **R580** - 30 min
 - Optiphi | **R810** - 60 min
-

OPTIPHI LHA PEEL

The first of its kind. Lipohydroxy Acid (LHA) is a new generation beta hydroxy acid. The LHA peel is depth dependent, not time dependent, and thus does not need neutralizing. The oil-based peel is highly lipophilic, allowing for an extended exfoliating action of up to 4 days.

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- Optiphi | **R1 010** - 45 min
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AESTHETIC TREATMENTS

MICRONEEDLING TREATMENT

This professional facial treatment procedure achieves immediate and visible skin rejuvenation and renewal. A minimally invasive Microneedle roller is utilized to stimulate collagen induction and increases penetration of active skin care ingredients.

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- One Treatment | **R1 320** ~ *all inclusive*
 - Course of 6 Treatments | **R5 500** ~ *all inclusive*
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DERMAPEN TREATMENT

This treatment is designed to allow deeper penetration of Glycolic Acid into the skin, thereby stimulating the regeneration process at a dermal level. An effective treatment for wrinkles, pigmentation, scarring and tightening of the skin.

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- Dermapen Face with Peel | **R1 980** - 75 min ~ *all inclusive*
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PREMIER PLASMA

Face lift without surgery, enjoy the benefits of frown line reduction, eyelid lifting, smokers line removal, neck skin lift, skin tag removal, specific mole removal, frown line removal, neck and jaw lift, and many more benefits.

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|---|---|
| • Consultation R400 | • Upper Eyelid Lift R3 200 |
| • Lower Eyelid Lift R3 200 | • Upper & Lower Eyelid Lift R5 200 |
| • Forehead Horizontal Frown Lines R4 200 | • Forehead Vertical Frown Lines R2 700 |
| • Top Lip Lift R1 900 | • Bottom Lip Lift R1 900 |
| • Top & Bottom Lip Lift R3 200 | • Mid Face Lift R5 200 |
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- Nasolabial Fold Lift | **R2 200**
 - Neck Lift | **R4 200**
 - Full Face (incl. neck & jaw) Lift | **R10 400**
 - Acne Scar Improvement | **POR***
 - Stretch Marks | **POR***
 - Removal of Small Tattoos | **POR***
 - Removal of specific moles | **POR***
- *POR : Price On Request*
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MASSAGE

BACK, NECK & SHOULDER MASSAGE

A reviving massage that focuses purely on the back, neck and shoulder areas to relieve tension of these commonly overstressed muscles.

R430 - 30 min | **R570** - 45 min

HEAD & SOLE RETREAT

An indulgent de-stressing treatment that involves a luxurious foot ritual with a soak and scrub followed by a soothing Indian head massage. Alternating slow and vigorous massage movements are applied to the head and are combined with a pressure point massage to the scalp, head and shoulders to relieve stress.

R780 - 60 min

REFLEXOLOGY

An ancient treatment that focuses purely on the feet to treat the entire body. A relaxing pressure-point foot massage balances the body to re-establish your energy flows, relieve stress and restore harmony.

R430 - 30 min | **R570** - 45 min

SWEDISH MASSAGE

A relaxing massage applied to the full body to improve blood circulation, ease muscle aches and tension, improve flexibility and reduce stress. This is a basic massage and should only be used as an introduction to massages and not to assist with any ailments.

R680 - 60 min | **R910** - 90 min

HOT STONE THERAPY

A therapeutic massage using heated lava stones that channel energy from the feet through to the upper area of the back melting away tension and easing muscle ache.

R730 - 60 min

DEEP TISSUE SPORTS MASSAGE

An intensive massage designed to manipulate tense, strained muscles and improve flexibility and endurance in the muscular system.

R730 - 60 min

MOTHER-TO-BE MASSAGE

Safe for use by pregnant moms, this relaxing massage uses specific prenatal techniques to help increase circulation, alleviate tired muscles and relieve mental and physical fatigue.

R750 - 60 min

LUXURIOUS CANDLE MASSAGE

An indulgent full body massage using warmed molten oils of an aromatic Soy candle, designed to relax and hydrate the body. Continue your journey at home by taking home your soy candle after treatment.

R810 - 60 min

BODY BLISS

A treatment utilising two massage techniques that target muscle spasms, poor circulation and water retention. Bellabaci massage uses the silicone vacuum cups, lifting the skin to drain away toxins and bring fresh blood flow to stagnant muscles. This is combined with the use of heated lava stones to balance the body.

R1 010 - 90 min

*ADD ON: BELLABACI CUPPING

A simplified version of ancient cupping – this process treats various conditions from cellulite to pain relief. Benefits include reduction in the appearance of cellulite and eliminating toxins in the body with the added benefits of lymphatic drainage. A great addition to compliment any of our massages.

R150

BODY TREATMENTS

BODY EXFOLIATION

An essential to revitalized skin. Your body will be deeply cleansed and oxygenated with the application of a specially formulated scrub resulting in healthy glowing skin.

R560 - 30 min

OPTIPHI BODY CURVE CELLULITE TIGHTENING TREATMENT

Indulge your skin with the optimum in skin science. This treatment will soothe and refine your skin while increasing cellular oxidation, circulation and facilitating the removal of trapped fluids. The dual-action complex of chemical and enzymatic components will exfoliate your skin, removing dead skin cells and calming sensitivity, resulting in soft and radiant looking skin. This treatment includes a take home Optiphi Body Buffer.

R870 - 60 min

BABOR CELLULITE TREATMENT

An intensive cellulite treatment saturated with a highly effective concentrate to stimulate fat breakdown, activate fat metabolism and at the same time boost the skins collagen synthesis.

R990 - 60 min

TANNING SOLUTIONS

SPRAY TAN*

A natural looking, flawless tan can be achieved in just 20 min, lasting for up to a week. This treatment is proven to be more effective than conventional spray booths, without orange colouring or unsightly drip marks. Exfoliation is recommended prior to application, which can be done in our salon or at home, to ensure perfect results.

- Without Exfoliation | **R410**
 - With Exfoliation | **R680**
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**Glow Couture Spray Tan is pregnancy friendly.*

WAXING, THREADING & TINTING

WAXING

- Full Leg | **R340**
 - Half Leg | **R270**
 - 3/4 Leg | **R290**
 - Standard Bikini | **R230**
 - Full Bikini | **R330**
 - Full Back | **R310**
 - Half Back | **R250**
 - Full Arm | **R280**
 - Half Arm | **R220**
 - Underarm | **R200**
 - Chest | **R250**
 - Abdomen | **R220**
 - Ear | **R180**
 - Lip / Chin / Cheeks | **R170**
 - Brow | **R160**
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THREADING

- Brow / Lip | **R180**
 - Chin / Cheeks | **R180**
 - Eye Brow Shape | **R180**
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TINTING

- Eye Brow | **R170**
 - Eye Lash | **R170**
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HANDS & FEET

EXPRESS TREATMENTS

An essential on the go treatment that includes cuticle maintenance, buffing, filing and painting.

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- Express Manicure | **R220**
- Soak, exfoliate, massage, buff and paint - 30 min
 - Express Pedicure | **R240**
- Soak, exfoliate, massage, buff and paint - 30 min
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CLASSIC TREATMENTS

A deluxe treatment that softens, hydrates and nourishes your cuticles and skin, including an indulgent scrub and soak. Our classic treatments allow you to customise your experience by adding a choice of beautiful signature fragrances to your manicure or pedicure.

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- Classic Manicure | **R290**
- Soak, exfoliate, massage, mask, buff and polish - 60 min
 - Classic Pedicure | **R390**
- Soak, exfoliate, massage, mask, buff and polish - 60 min
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COCO CHAMPAGNE ULTIMATE LUXURY TREATMENT

The most luxurious mani/pedi on our menu. Enjoy the ultimate indulgent experience with a journey of 'The Senses', with a glass of Moët while you are indulged for 75 min. This treatment includes the Life Lux signature Champagne rose soak, exfoliation, a Gold mask, hot stone foot massage with pressure points ending off with our shimmer gold spray. Enhance your treatment by adding a Thermogenic Mask.

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- Coco Champagne Manicure | **R370** - 75 min
 - Coco Champagne Pedicure | **R470** - 75 min
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SOLE REVIVAL TREATMENT

This de-stressing treatment involves a foot ritual with a soak and a scrub followed by a soothing pressure point massage.

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- Sole Revival Treatment | **R390** - 30 min
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ADD ONS*

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| • Medi Heel Peel R200 - 15 min | • Soak Off & Buff R115 - 15 min |
| • Gel Soak Off R100 - 15 min | • Acrylic Soak Off R120 - 30 min |
| • Polish Re-paint R140 - 15 min | • Gel Polish Re-Paint R220 - 30 min |
| • Gel Polish And Soak Off R300 - 60 min | • Gel Polish With Treatment R280 - 60 min |
| • Gold/Thermogenic Mask R100 - 15 min | • OPI Gel Break Treatment R180 - 15 min |
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TIPS

Give your tips the ultimate edge, with either: Acrylic, Polygel, Silk/Fibre for nail repairs or Gel enhancements for added length and strength.

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|--|---|
| • Natural or French Tips R200 | • Silk/Fibre repair per nail R40 |
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OVERLAYS

Acrylic, Polygel, Silk/Fibre for nail repair or Gel application onto natural nails only, no extensions.

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|--|
| • Natural Overlay R430 |
| • French or Colour Overlay R480 |
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SCULPTURE

Acrylic, Silk/Fibre for nail repair or Gel sculptured for added length and strength.

- Natural Sculpture Application | **R450**
-

NAIL ART

Add extra glamour to your nails for an eye-catching effect.

- Nail Art Basic (per nail) | **from R10**
 - Nail Art Designer (per nail) | **from R20**
 - Chrome (per nail) | **from R15**
 - **Add on:** Glaze Seal | **R50**
 - **Add on:** Nail Health Treatment | **R50**
 - **Add on:** Gel Polish with any treatment | **R280**
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FILLS & MAINTENANCE

- 2 Week Fill: Acrylic or Gel | **R325**
 - 2 Week French Back Fill: Acrylic or Gel | **R350**
 - New Nail / Toenail Repair (per nail) | **R50**
 - Repair with Fill (per nail) | **R30**
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PERMANENT MAKE-UP

- New eye liner top AND bottom | **R2 500**
 - Touch up | **R1 150**
 - Redo per procedure required | **R1 400**
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- New eye liner top OR bottom | **R1 950**
 - Touch up | **R950**
 - Redo per procedure required | **R1 200**
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- New eye brows | **R2 500**
 - Touch up | **R1 150**
 - Redo per procedure required | **R1 400**
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- New lip liner | **R2 500**
 - Touch up | **R1 150**
 - Redo per procedure required | **R1 400**
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- New full lip tint | **R3 000**
 - Touch up | **R1 600**
 - Redo per procedure required | **R1 750**
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All new prices include 1 free touch up 6 weeks post treatment.

MICRO-BLADING

- New Bladed Brows 1st session | **R2 300**
 - Micro-blading Fills | **R950 - R1 250** – *(price will depend on work needed)*
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Please note, micro-bladed brows are semi-permanent and will need an annual colour fill.

DAY/EVENING & BRIDAL MAKE UP

- Day Make Up | from **R500**
 - Evening Make Up | from **R800**
 - Bridal Make Up | from **R3 000**
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DINING

Enjoy exquisite dining in a beautiful, relaxing environment during treatments. Contact your Guest relations team for information.

YOU NEED TO KNOW

- Kindly bring your bathing costume.
- Credit card details or an EFT payment will be required to secure your booking.
- Ensure cellular phones are switched off during treatments and in the dining areas of the spa.
- All prices and information are subject to revision without prior notice.
- Products purchased are not refundable.
- Life Luxury Salon will not be held responsible for any theft, damage, loss or misfortune that may occur.
- We kindly request punctuality as late arrivals will result in a reduction in treatment time whilst the full treatment fee will apply.
- No children under 16 years of age.

CANCELLATION POLICIES

- A 24-hour notice period is required for cancellations and rescheduling.
- If a treatment is not cancelled 24-hours prior, the full treatment fee will apply and we reserve the right to charge your credit card / redeem your voucher accordingly.

WE NEED TO KNOW

Kindly inform us if you suffer from any of the following conditions:

- On any medication
- High blood pressure
- Any heart condition
- Recent surgery
- Muscle or joint injuries
- Sinusitis
- Pregnancy
- Epilepsy
- Diabetes
- Eczema or Psoriasis
- Sunburn
- Allergy to iodine, sulphur or product allergies

CONTACT US

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